

Thank you for scheduling your p3 Baseline brainwave scan. We are eager to provide you with reliable reproducible medical grade data to aid you and your clinicians in caring for your brain. Our team is here to serve you in your brain wellness journey.

Preparing For Your Brain Wave Scan

1. No marijuana, alcohol, nicotine, caffeine 24 hours prior.
2. No prescription sleep meds 24 hours prior.
3. Inform us of any prescription or over the counter medications regularly taken.
4. If you have a seizure disorder, inform us and we will refer you for a seizure EEG test.
 - a. Our test is *not* indicated for seizure diagnosis.
5. No 'leave-in' hair products used before the test as this may result in an incomplete test.
6. Try to get a good night sleep before. If you can't sleep just dream of how rad this is going to be!
7. Eat regular meals before your scan to avoid hypoglycemia. If you don't know what that is, it is okay, we didn't either before we looked it up.
8. Remove all hair extensions before scan. No, seriously. You can keep your eyelash extensions though.
9. Inform us if you have metal plates or screws in your scalp.
10. If you have an ear infection, please reschedule your scan until it is healed.
11. Patients need to wait 24-48 hours after the time of their concussion to collect accurate data.
12. You will be asked to click a mouse in response to a sound while not blinking during the click. Your eyes will be closed. This may be difficult for some subjects, we will guide you during the session.
13. During your scan let your thoughts idle and don't dwell on any one thought. A relaxed brain is best.
14. A small number of subjects will have problems with data collection. We will guide you if this happens.

Screening Disclaimer

I recognize that postural, brain wave and other wellness screening tools are not diagnostic devices and do not replace the care or advice of your physician.

The statements made regarding these products have not been evaluated by the Food and Drug Administration. The efficacy of these products has not been confirmed by FDA-approved research. These products are not intended to diagnose, treat, cure or prevent any disease. All information presented here is not meant as a substitute for or alternative to information from healthcare practitioners. Please consult your healthcare professional about potential interactions or other possible complications before using any product. The Federal Food, Drug, and Cosmetic Act requires this notice. I agree to discuss this screening report and any other health-related concerns I have with my healthcare provider.

Signature: _____ Date: _____